



Trunk flexion exercise on decline bench - fitness trail station. In accordance with the European Standard EN 16630. It is made of glued laminated pine timber pressure treated with non-toxic salts. Components: n°2 posts section 9x9 cm connected to a wooden platform made with boards sect. 14 x 2.5 cm and n°2 horizontal bars in hot galvanized tubular steel Ø 4 cm. The station can be matched to **art.2138 Aluminium Dibond® panel 62x33 cm (optional)**, 3 mm thick, that shows how to properly perform the exercise and the number of repetitions. The panel is supported by a pole made of glued laminated pine timber pressure treated with non-toxic salts, section 7x7 cm and 250 cm height, for ground anchoring system. Assembly system with 8.8 galvanized steel bolts and self-locking nuts. Coloured nylon cap nuts as required by law.



cm 90x100x100h  
INGOMBRO MAX



95  
ALTEZZA CADUTA



1 h  
TEMPO DI ASSEMBLAGGIO



1  
NUMERO UTILIZZATORI



490x400  
SPAZIO MINIMO

## Planimetria / Planimetry

