



Trunk flexion exercise on bench - fitness trail station. In accordance with the European Standard EN 16630. It is made of glued laminated pine timber pressure treated with non-toxic salts. Components: 6 posts section 9x9 cm connected to a wooden platform made with boards sect. 14 x 2.5 cm and 2 horizontal bars in hot galvanized tubular steel Ø 4 cm. The station can be matched to **art.2142 Aluminium Dibond® panel 62x33 cm (optional)**, 3 mm thick, that shows how to properly perform the exercise and the number of repetitions. The panel is supported by a pole made of glued laminated pine timber pressure treated with non-toxic salts, section 7x7 cm and 250 cm height, for ground anchoring system. Assembly system with 8.8 galvanized steel bolts and self-locking nuts. Coloured nylon cap nuts as required by law.



cm 230x100x125h  
**INGOMBRO MAX**



cm 100  
**ALTEZZA CADUTA**



1 h  
**TEMPO DI ASSEMBLAGGIO**



2  
**NUMERO UTILIZZATORI**



cm 530x400  
**SPAZIO MINIMO**

## Planimetria / Planimetry

